

Philosophical sayings of martial arts

Some are from my Sensei, other Sensei or my journal. I hope you enjoy these writings.

"All great teachings come from the heart. There are no words for it."

"A student thinks and thinks and thinks, and does and does and does. When he finally quits this, he may have chance to see the way."

"In ancient days, we accepted everything in our training - whatever hardship or sacrifice. Nowadays, we pick and choose like we are kings and royalty at a huge feast."

"As in nature you have the infinite capacity to do anything you want, you compare yourself to others - that is why you feel so limited."

"we continually surpass ourselves only because we use the wisdom, experience and teachings of our teachers as stepping stones."

"Because our teachers sacrifice so much of their whole lives only to become such stepping stones for us, they deserve our great respect and admiration."

"Your true dojo is the world"

"Students of the martial arts today do not know what they want. This is why it is so difficult to teach students today. Rather than trying to find his own true self, the student wants to be transformed into somebody else. This can only lead to disaster."

"Students just take, take, take. This is why some teachers have become so selfish today."

"What is a test? No one can really test your skill or ability, but the teacher can test your sincerity. And to be sincere - isn't that the ultimate goal in our lives?"

"The true test is never easy and always comes at the most difficult moment. Know this about all tests in life."

"Training is tough because it is tough. IT IS A MARTIAL ART."

"To bleed in practice means to succeed in battle."

"The fist is made of stone, the heart of steel...together they are Bushido"